

Why choose us?

There are many definite benefits to Direct Primary Care (DPC) that are not available to those who use the traditional model of healthcare.

The primary goal of DPC is to reduce costs significantly for all participants. It does not matter if you have insurance - we can review your medication costs, co-pays and deductibles to help you determine if DPC will save you money.

Let us help you decide if DPC makes sense!



Valley Care DPC

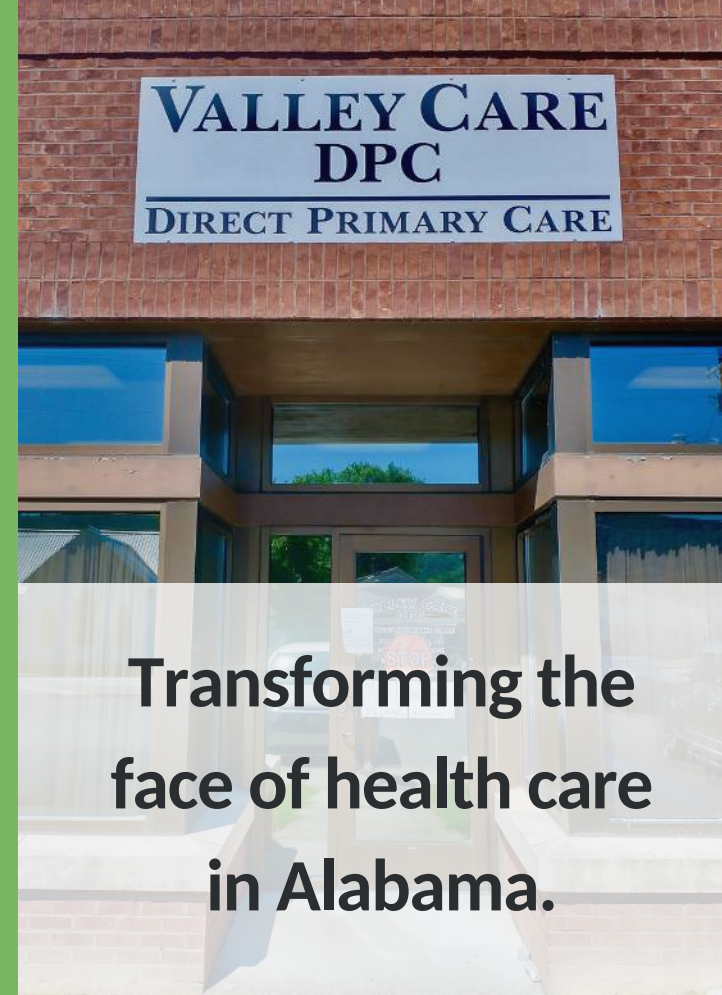
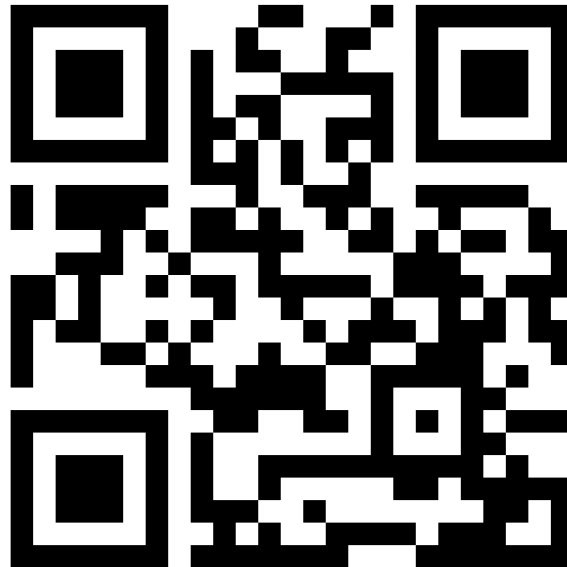
52 S Valley Avenue
Collinsville, AL 35961
256-619-9966



Monday-Thursday:
8:00am - 5:00pm
(closed 12:00pm - 1:00pm for lunch)
Friday:
8:00am - 12:00pm



Scan the QR code to be
directed to our website!



Transforming the
face of health care
in Alabama.





Benefits of Direct Primary Care

Shorter Wait Times

With DPC, you will often have a much shorter wait time. We work hard to see you quickly, and we can usually take your vitals and put you in an exam room as soon as you come into the clinic.

Longer Appointments Available

You get half an hour to an hour with your doctor. We only book 1-2 patients, depending on their needs per hour. Choosing DPC means you get more face-to-face time with your care provider.

Low-Cost Prescriptions

There are several generic medications that can be as low as \$1.00 a month, and we have many prescriptions at a substantial discount compared to most pharmacies. Even people with insurance can save on prescription costs with DPC, as our medications often cost less than their medication co-pays.

Bilingual Healthcare Services

We have bilingual staff and Spanish translation available for patients who do not have English as their first language.

Contamos con personal bilingüe y traducción al español disponible para pacientes que no tienen el inglés como su primer idioma.

Compassionate Care in Special Circumstances

We have done home visits, nursing home visits, and assisted living visits in special circumstances. As a family practice physician, Dr. Koe is skilled at providing care from birth to the end of life.

Wellness and Prevention Services

We do extensive wellness and preventive care. I have a special interest in preventative care, which has been shown in multiple studies to extend the life of the patients who practice wellness strategies dramatically. We also offer alternative therapies when they are appropriate.

After-Hours Communication

You will receive Dr. Koe's cell phone number and can text her with questions about medical issues after hours. Frequently, this will help you avoid a costly trip to urgent care or the emergency room. You may also call her directly in case of an emergency.

Phone Consults as Needed

In case you can't come to the clinic, we also offer phone consultations. We make an effort to be there for you when you cannot travel to see us, although some issues will require in-person visits.

At Cost In-House Lab Testing

We have "at cost" prices for our in-house labs, which are often be much more affordable than other clinics. We still check urine for free. Our testing, such as ECGs, will still be free.

Cash Price for Outside Labs

The cash price for drawing and sending blood to outside labs is very low. We only charge the cost of the lab and our current lab has graciously allowed us to do this for the DPC clinic.

Unlimited Monthly Visits

You can schedule as many visits as you want each month with DPC. We often see people weekly for serious health concerns.

Quick Provider Availability

We work hard to be available within 24 hours. This is not always possible, but if we can't see you in person, we can often call. Our CRNP is available to help when Dr. Koe's schedule is full.

Family Focused

We have a strong family focus, which includes children. If an adult has a DPC membership, each child is only \$10 per month. Our practice is small and you will always talk to someone you know.

Pricing for Valley Care DPC

Adults (19 Years & Older)

\$60/per month

Unlimited primary care services.

We require a minimum of a 3-month membership.

**No enrollment fees*

Children (0 - 18 Years Old)

\$10/per month

Must be enrolled with a parent.

We require a minimum of a 3-month membership.

**No enrollment fees*



Scan the QR Code for more information!

"My dedicated staff and I have worked hard to provide the best possible healthcare for our patients and to be part of the community as well. We have worked tirelessly to improve our clinic flow, the quality of our patient care and our ability to meet the needs of all who come to us. Our doors are always open to everyone, and we plan to continue serving the Collinsville community with joy and pride for many years to come."

-Dr. Frances Koe, MD, MPH